



Christian Service Center

Making Disciples - Since 1977

K.I.S.S. - F.I.T.

Heb.12:2 Looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

K. - Keep

I. - Informed

S. - Stay Calm

S. - Stay Clean

F. - Follow

I. - Instructions

T. - Together

Looking to Jesus and Standing Fast in a Time of Trial

Guidelines provided for everyone's health and well being.

We will all get through this together. Follow the necessary things to stay well and not fear. We need to be a people that are strong in faith, believing God and His Word. A people demonstrating our love in Jesus for others and being wise as we live in this world. Showing our faith in God, having a Kingdom of God perspective.

Matt.6:25 Therefore I say to you, do not worry about your life...

Matt.6:33 Seek first the kingdom of God and His righteousness, and all these things shall be added to you.

2Tim.1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.



COVID-19

General Prevention

Florida Department of Health • FloridaHealth.gov • tinyurl.com/FLcdcprevention

Protect yourself from all infectious diseases by using these precautions.



Stay home when you are sick



Avoid contact with people who are sick



Get adequate sleep and eat well-balanced meals



Wash hands often with soap and water – 20 seconds or longer



Dry hands with a clean towel or air dry your hands



Avoid touching your eyes, nose, or mouth with unwashed hands or after touching surfaces



Cover your mouth with a tissue or sleeve when coughing or sneezing



Clean and disinfect “high touch” surfaces often



Call before visiting your doctor

Clean all “high-touch” surfaces every day.

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tables, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



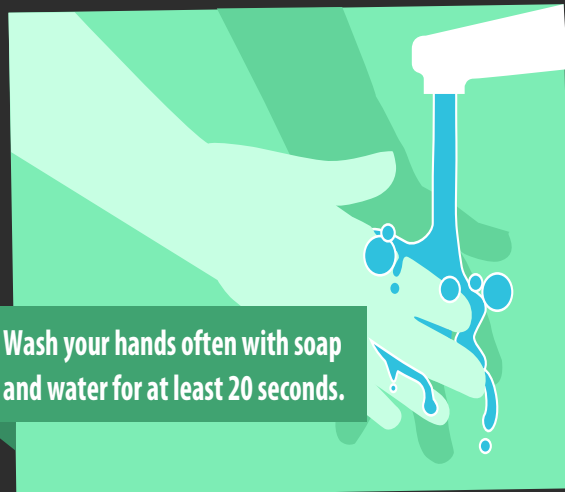
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: [FloridaHealth.gov/COVID-19](https://www.floridahealth.gov/COVID-19)

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include

FEVER



COUGH



***Symptoms may appear 2-14 days after exposure.**

SHORTNESS OF BREATH



Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



For more information: www.cdc.gov/COVID19-symptoms

Coronavirus: What You Need to Know

What Is It?

The novel (new) coronavirus disease (COVID-19) is a virus that was first detected in December 2019 in China and is spreading to other countries. Current understanding of this new virus is based on what has been observed about it since December and what is known about similar coronaviruses.

How Does It Spread?

The virus appears to spread through droplets when an infected person coughs or sneezes.

1. These virus droplets can travel an estimated six feet and land in the mouths or noses of people nearby or be inhaled into the lungs.
2. These virus droplets can also fall onto surfaces such as doorknobs or counters and can transfer to the hands of people who touch these surfaces.
3. People who have the virus sometimes do not feel sick at first, or sometimes never feel sick, yet can still spread the virus.

How Can I Protect Myself and My Family?

1. Wash your hands often with soap and water especially before eating. When you wash your hands, be sure to lather for 20 seconds, paying attention to often-missed spots like wrists and between fingers.
2. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol.
3. Avoid touching your eyes, nose and mouth.
4. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
5. Wear a face mask if you are in close contact with someone who is sick with the coronavirus or

suspected of having it, such as a relative at home.

How Can I Prevent the Spread of Coronavirus?

1. Except for getting medical care, stay home when you are sick.
2. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If a tissue is not available, cough or sneeze into your elbow.
3. Wear a face mask if you are sick.

How Do I Know If I Have the Coronavirus?

COVID-19 is predominantly a respiratory disease. Symptoms include a cough, shortness of breath and a fever.

What Should I Do If I Think I Might Have the Coronavirus?

Health experts say most people who contract the coronavirus experience mild symptoms and do not require hospitalization. However, if you are experiencing severe symptoms, such as difficulty breathing, seek prompt medical attention.

Who Is Most at Risk?

Doctors say those who experience the most severe cases of COVID-19 tend to be older and with other existing health problems. Younger people with compromised immune responses can also face increased risk.

How Can I Stay Informed About the Coronavirus?

For the latest news about the coronavirus, visit CBNNews.com and CDC.gov (Centers for Disease Control and Prevention).

Clean and disinfect (Especially if not feeling well)

Clean and disinfect frequently touched surfaces.

If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

To Disinfect: Most common household disinfectants will work. Use disinfectants appropriate for the surface.

Make your Own Option:

Diluting your household bleach. To make a bleach solution, mix:

5 tablespoons (1/3rd cup) bleach per gallon of water OR

4 teaspoons bleach per quart of water.

Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Household bleach will be effective against coronaviruses when properly diluted.

Psalm 91

Staying Safe and At Peace in God's Loving Care

Personalize this Psalm as a Prayer of Faith to God

- 1. He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.**
- 2 I will say of the Lord, "*He is* my refuge and my fortress;
My God, in Him I will trust."**
- 3 Surely He shall deliver you from the snare of the fowler
And from the perilous pestilence.**
- 4 He shall cover you with His feathers,
And under His wings you shall take refuge;
His truth *shall be your* shield and buckler.**
- 5 You shall not be afraid of the terror by night,
Nor of the arrow *that* flies by day,**
- 6 *Nor* of the pestilence *that* walks in darkness,
Nor of the destruction *that* lays waste at noonday.**
- 7 A thousand may fall at your side, and ten thousand at your
right hand; *But* it shall not come near you.**
- 8 Only with your eyes shall you look,
And see the reward of the wicked.**
- 9 Because you have made the Lord, *who is* my refuge,
Even the Most High, your dwelling place,**
- 10 No evil shall befall you,
Nor shall any plague come near your dwelling;**
- 11 For He shall give His angels charge over you,
To keep you in all your ways.**
- 12 In *their* hands they shall bear you up,
Lest you dash your foot against a stone.**
- 13 You shall tread upon the lion and the cobra,
The young lion and the serpent you shall trample underfoot.**
- 14 "Because he has set his love upon Me, therefore I will
deliver him; I will set him on high, because he has known My
name.**
- 15 He shall call upon Me, and I will answer him;
I *will be* with him in trouble; I will deliver him and honor him.**
- 16 With long life I will satisfy him, And show him My salvation
(Yeshuwah - salvation, deliverance, protection, safety and
victory)." Hallelujah, Thank You Jesus!**

Be a believing God people!

We are standing fast with everyone, believing God for each persons wellness and healing.

According to Jesus words spoken in Luke 13:10-13

Now He was teaching in one of the synagogues on the Sabbath. 11 And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise *herself* up. 12 But when Jesus saw her, He called *her* to *Him* and said to her, "Woman, you are loosed from your infirmity." 13 And He laid *His* hands on her, and immediately she was made straight, and glorified God.

Pray This:

Father, we agree with Jesus' declared words spoken on our behalf and over others we pray for.

As children of God by our faith in Jesus. We know Your love for us. We believe Jesus as Savior, Lord, Healer and Victor over the devil, every sin, sickness, and right now over the coronavirus, this "spirit of infirmity"

We agree and declare with Jesus as Lord over all. You ...a spirit of infirmity... leave now! We are loosed and and free from any "spirit of infirmity" that would harm us. In the name of Jesus! Give God glory and thanksgiving!

Psalm 103:1-5

1 Bless the Lord, O my soul;

And all that is within me, *bless* His holy name!

2 Bless the Lord, O my soul, And forget not all His benefits:

3 Who forgives all your iniquities, Who heals all your diseases,

4 Who redeems your life from destruction,

Who crowns you with lovingkindness and tender mercies,

5 Who satisfies your mouth with good *things*,

So that your youth is renewed like the eagle's.

We bless you Lord on _____ behalf.

Father, we thank You for Your Word. We know all Your promises are "Yes" and "A-Men" in Jesus Christ.

Your name be glorified in our life.

We thank you for all your benefits, You have lavished on us.

You see our time of need and have already made provision for us.

We agree with you Lord that we are forgiven in the blood of Jesus.

We are healed, being totally restored and redeemed in Jesus from anything that is set against us. Jesus is our Victor!

Thank you Lord, we are one of Your beloved crowning jewels, surrounded by your all encompassing love and favor for us.

Our mouth is filled with the fullness of Yourself and Your promises. They come from the inward flow of the river of life by Holy Spirit that quickens our mortal body daily.

As a result of all that You have done Father, through your Son Jesus, on our behalf.

We believe in our hearts and say with our mouths, our strength and vitality is renewed.

We are able to soar with You in the heavenly realm in praise, worship and adoration.

We believe these things to be true. We thank you Father for hearing and answering us in a mighty way.

In The Mighty Name Of JESUS. So Be It!

Bless the Lord!

Additional Healing Prayer & Scriptures
(Compiled by Christian Service Center, St. Petersburg, FL)
Health and Healing Prayer Confession

Begin your time in the healing Word of God with this prayer of faith.

Father, in the name of Jesus, I come before You asking You to heal me. It is written that the prayer of faith will save the sick, and the Lord will raise him up. And if I have committed sins, I will be forgiven. I let go of all unforgiveness, resentment, anger and bad feelings toward anyone.

My body is the temple of the Holy Spirit, and I desire to be in good health. I seek truth that will make me free in both spiritual and body. You bought me at a price, and I desire to glorify you in my spirit and my body, they both belong to you.

Thank you, Father, for sending Your Word to heal me and deliver me from all my destructions. Jesus, You are the Word who became flesh and dwelt among us. You bore my griefs (pains) and carried my sorrows (sickness). You were pierced through for my transgressions, crushed for my iniquities, the chastening for my peace, wholeness and well-being fell upon You, and by all your wounds, I am healed.

Father, I give specific attention to Your words, and cause my ears to hear your Word of Promise for my life. I will refuse to let them depart from my sight. I purpose to keep them in the midst of my heart and on my lips. For Your Word is life and health to my whole body.

Since the same Holy Spirit who raised Jesus from the dead dwells in me. I believe in my heart and say with my mouth. It is the Father's will, who raised Jesus Christ from the dead also gives life to my mortal body through His Spirit who dwells in me.

Thank You Father God, that I will prosper and be in health even as my soul prospers in You and in Your Word. I live by faith in the Son of God, Jesus who loved me and gave Himself for me. Amen.

Modified by Mark Smith from - Prayers That Avail Much - Word Ministries, Inc.

FRom.10:13 For whosoever shall call upon the name of the Lord shall be saved (healed, delivered, and set free).

1 John 4:4 - You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

1 John 5:14-15 - "And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him."

3 John 2-4 Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. 3 For I rejoiced greatly when brethren came and testified of the truth that is in you, just as you walk in the truth. 4 I have no greater joy than to hear that my children walk in truth.

Revelation 12:11 - And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.

Our hope and desire for each of you facing health issues, is to know how much you are loved, cared for, and esteemed precious in the sight of God. Keep looking unto Jesus who is your life, hope and salvation. There have been so many over the millennia that have taken hold of God and His Word and experienced the power of God in their lives. You are no exception. Your Father God loves you so much, He is there with you even at this moment.

Just begin to acknowledge Him, tell him how much you love Him and are so grateful for Jesus. Know that the Comforter, the Holy Spirit is present with you, to lead you, guide you, hold you up in the truth you have been reading and give you peace. You are not alone. God, the Father sees your pain, Jesus experienced it, bore it and carried it away on your behalf. Don't lose hope but become strong in faith giving glory to His name. The scripture says; For with God nothing shall be impossible. Take courage my dear brother and sister. God is for you.

We love you and you are in our prayers. All of the pastors here at CSC are standing with you as you believe God, and follow His leading and direction for your life.

I leave you with these passages to further encourage in Jesus.

Wherefore God also hath highly exalted him, and given him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. Phil 2:9-11

And the God of peace shall bruise Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen. Rom 16:20

Love you in Jesus, Pastor Mark and all of your pastors here at CSC